

Neuro-QOL – Preliminary Adult Anxiety Items

EDANX53 (NQANX26)	In the past 7 days	I felt uneasy	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX46 (NQANX22)	In the past 7 days	I felt nervous	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX48 (NQANX23)	In the past 7 days	Many situations made me worry	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX41 (NQANX20)	In the past 7 days	My worries overwhelmed me	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX54 (NQANX27)	In the past 7 days	I felt tense	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX55 (NQANX28)	In the past 7 days	I had difficulty calming down	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX18 (NQANX09)	In the past 7 days	I had sudden feelings of panic	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
NQANX07	In the past 7 days	I felt nervous when my normal routine was disturbed	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
NQANX01	In the past 7 days	I was afraid of what the future holds for me	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always

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NQANX02	In the past 7 days	I felt fearful about my future	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX05 (NQANX03)	In the past 7 days	I felt anxious	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX06 (NQANX04)	In the past 7 days	I worried about my physical health	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX07 (NQANX05)	In the past 7 days	I felt like I needed help for my anxiety	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX13 (NQANX06)	In the past 7 days	I had a racing or pounding heart	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX17 (NQANX08)	In the past 7 days	I had trouble falling asleep	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX19 (NQANX10)	In the past 7 days	My sleep was restless	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX20 (NQANX11)	In the past 7 days	I was easily startled	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX26 (NQANX12)	In the past 7 days	I felt fidgety	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always

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EDANX27 (NQANX13)	In the past 7 days	I felt something awful would happen	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX30 (NQANX14)	In the past 7 days	I felt worried	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
NQANX15	In the past 7 days	I felt nervous when I was left alone	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX33 (NQANX16)	In the past 7 days	I felt terrified	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX32 (NQANX17)	In the past 7 days	I suddenly felt scared for no reason	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
NQANX18	In the past 7 days	I worried about dying	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
NQANX19	In the past 7 days	I was preoccupied with my worries	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX42 (NQANX21)	In the past 7 days	I felt shy	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always

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EDANX49 (NQANX24)	In the past 7 days	I had difficulty sleeping	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always
EDANX51 (NQANX25)	In the past 7 days	I had trouble relaxing	1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always

DRAFT