

Neuro-QOL – Preliminary Pediatric Mobility Items

NQMOBped01	In the past 7 days	I could keep my balance while walking for 30 minutes	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped02	In the past 7 days	I could get down on my knees without holding on to something.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped03	In the past 7 days	I could keep up when I played with other kids.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped04	In the past 7 days	I could walk for 15 minutes	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped05	In the past 7 days	I could walk between rooms	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped06	In the past 7 days	I could run as fast as others my own age.	0 = not at all 1 = a little bit 2 = somewhat 3 = quite a bit 4 = very much
NQMOBped07	In the past 7 days	I could get on and off the toilet.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped08	In the past 7 days	I could get on and off the toilet without using my arms.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped09	In the past 7 days	I could get on and off a low chair	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped10	In the past 7 days	I could get in and out of an adult-sized chair	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped11	In the past 7 days	I could get on and off a chair without using my arms.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do

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NQMOBped12	In the past 7 days	I could walk for 30 minutes	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped13	In the past 7 days	I could get up from the floor by myself	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped14	In the past 7 days	I could sit on a bench without support for 15 minutes	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped15	In the past 7 days	I could sit on a bench without back support for 30 minutes	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped16	In the past 7 days	I could keep my balance while walking for 15 minutes	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped17	In the past 7 days	I could stand on my tiptoes to reach for something	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped18	In the past 7 days	I could stand on my tiptoes to put something (e.g., 5 lb bag of sugar) on a shelf	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped19	In the past 7 days	I could turn my head all the way to the side to look at someone or something	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped20	In the past 7 days	I fall down easily	0 = not at all 1 = a little bit 2 = somewhat 3 = quite a bit 4 = very much
NQMOBped21	In the past 7 days	I could walk on slightly uneven surfaces (such as cracked pavement)	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped22	In the past 7 days	I lose my balance easily	0 = not at all 1 = a little bit 2 = somewhat 3 = quite a bit 4 = very much

Neuro-QOL – Preliminary Pediatric Mobility Items

NQMOBped23	In the past 7 days	I have trouble keeping up with other kids my age when walking	0 = not at all 1 = a little bit 2 = somewhat 3 = quite a bit 4 = very much
NQMOBped24	In the past 7 days	I could walk on rough, uneven surfaces (such as lawns, gravel driveway)	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped25	In the past 7 days	I could walk up and down ramps or hills	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped26	In the past 7 days	I could walk up and down curbs	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped27	In the past 7 days	I could run for 15 minutes	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped28	In the past 7 days	I could run for 30 minutes.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped29	In the past 7 days	I could get in and out of a bus	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped30	In the past 7 days	I could get in and out of a car.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped31	In the past 7 days	I could walk across the room.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped32	In the past 7 days	I could walk while wearing a backpack full of books.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped33	In the past 7 days	I could bend over to pick something up.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do

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NQMOBped34	In the past 7 days	I could do sports that others my age can do.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped35	In the past 7 days	I could do exercise that others my age can do.	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped36	In the past 7 days	I could carry bags (such as shopping bags) while going up a full flight of stairs	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped37	In the past 7 days	I could carry bags (such as shopping bags) while going down a full flight of stairs	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped38	In the past 7 days	I could ride a bicycle	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do
NQMOBped39	In the past 7 days	I could walk up 2-3 stairs	0 = With no trouble 1 = With a little trouble 2 = With some trouble 3 = With a lot of trouble 4= Not able to do